

Putting it Together – The Cytolean™ Difference!

It took me a couple of tries with all of the MAO inhibiting herbs/compounds to get it right. I tried the “hordenine only” route at first (and another company is using this idea in a fat loss product already) but in order to get what I will call “the B-PEA effect” I had to use WAY too much hordenine. Enough that it was distracting me from the effects of B-PEA and enough that it made me have to hit the bathroom and crack out the Charmin® a couple of times. While hordenine is an important MAO inhibitor and should be used with B-PEA, it absolutely can't be the ONLY one used. Same for all the aforementioned compounds. When used alone with B-PEA, all of them are “less than desirable/efficacious,” but by using smaller amounts of each of the five of them, they each “chip away, little by little” at the MAO enzyme until the effects of the enzyme are so blunted that you end up with a very pure B-PEA type effect and you do not notice the “undesirable side effects” each of the constituent MAO blockers possess in high doses.

So what is it like? It would be totally irresponsible and probably illegal for me to say that the five MAO inhibitors and a good dose of B-PEA causes a “crystal meth” type effect. It's also not quite true. The effect on yours truly was more like a cross between a low dose of “MDMA” (Ecstasy) with a good dose of “phentermine” (Ionamin®). It takes a good 30-45 minutes to hit you but when it does... WHOA! I mean, seriously, this ain't your momma's ordinary fat loss supplement. First, this croaked, and I mean totally destroyed my appetite for a good 6 hours. Second, it allowed me this incredible sense of well being and focus... I could get down to doing things I had procrastinated on and did not really want to do without being distracted (think of how this will help people doing endless time for cardio on some stepper or treadmill!). I was absolutely more alert and awake. There were the typical effects you see in all sympathetic amines – a slight increase in heart rate, blood pressure and I was a little “hot” and “sweaty,” but nothing unpleasant. For the first 90-120 minutes after using Cytolean™ I felt very euphoric and absolutely happy. I would STRONGLY suggest not driving when you take Cytolean™ until you are 100% comfortable with the feeling it evokes and are absolutely sure that it will not impair your abilities. *Yeah, it is some strong stuff.*



Just to make sure this was not some “placebo” effect, I sent samples to Rich Gaspari and Phil Visicario in the office and to another guy Zachary Adkins in Texas who is Gaspari Nutrition's bodybuilding.com online forum representative so they all could try this without me telling them “what” my experience was. People who know Rich Gaspari will tell you he is a man of few words and a lot of actions. But

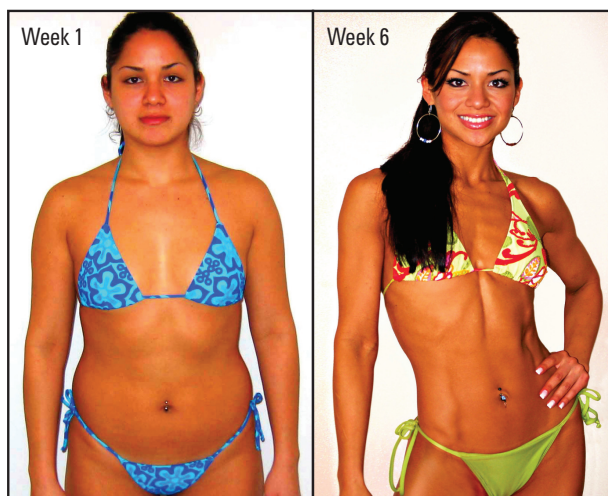
when he tried this sample... I got stuck on the telephone with him for over 130 minutes! Plus, he told me he had realized he “forgot to eat” for at least 4 hours. Phil also described, independent of Rich or myself, effects quite similar. And Zach, I almost killed him because he “forgot” to call me to report the results for close to a full day – he was too busy, too focused on studying for his finals that he “forgot” about me. Zach did mention this formula killed his appetite to the point where it was actually difficult to eat – he literally had to force himself to eat a small chicken breast. Jackpot! *Mission accomplished!*

It's been very difficult to find a suitable replacement for phenylpropanolamine and ephedra/ephedrine but I am telling you that B-PEA with the correct mix of MAO inhibitors is exactly that. If you miss the “old days of weight loss supplements that made you lose your appetite and helped keep you really focused” then you will love Cytolean™ and I urge you to consider trying it. We deliberately split up the dosing to several pills at a time so we can accommodate the widest variety of

people – from the smallest woman (2 pill) to the largest male powerlifter (3 pills) so do not be put off by the potential serving size – this was done to insure maximal safety and addition to efficacy.

I am sure in time you're going to see a bunch of “knock offs” to Cytolean™ once word gets out how well it works. Just remember, Gaspari is the real pioneer here. We went the extra distance to bring this cool idea to you first and we're also sure that we're doing it best! We have a patent pending on B-PEA and some of the MAO inhibitors listed here for a variety of uses so be wary of people claiming to “having the same effects/formula” as Cytolean™ because I assure you it is NOT happening!

Some folks I want to thank for helping me put this supplement together – Matt Palada from Custom Nutrition Warehouse in Missouri for sending me some raw materials that were a pain to source in small amounts. **I want to especially thank Nancy Aldave – she is the incredibly sexy and THIN woman you see here and in our advertisements.** Nancy used Cytolean™ (she was one of our “beta testers”) and **she lost a mind boggling 25 pounds and a little more than 12% bodyfat in only 6 weeks!**



■ Cytolean™ beta-tester: Nancy Aldave lost 25 pounds in only 6 weeks!

Following a sensible diet and a solid workout plan, I would imagine these types of gains - or are they “losses?” – would be absolutely within the reach of anyone who wants to lose fat fast. And if you think that is incredible, check out **Mike Bade who owns the Fit Shoppe in Canada.** His results are... well... really incredible. Mike was also a beta-tester for Cytolean™ and **he lost SIXTY POUNDS in ninety days!** That's 20 pounds per month for THREE STRAIGHT MONTHS FOLKS! Mike went from 305 pounds to 245 pounds using Cytolean™ – plus he looks and feels terrific now. Mike has access to ANY fat loss sports nutrition product he could ever want or you could ever imagine since he works for Fit Shoppe – he could have used ANY of the current crop of fat burners on the market, but he chose to trust Gaspari Nutrition as he has been a long time fan of our line as well as our president, Rich Gaspari. Looks like his trust in us paid off for him. And for sure it can and will pay off for you too. If you need to lose weight, especially “fatty weight” then you owe it to yourself to try Cytolean™ as soon as possible.

This is going to be my last Chemical Corner and the last supplement I design for awhile. The next project I am working on for our industry is a “serious” book endeavor which is entitled ‘Codex Anabolikum’ – look for it in the forthcoming 18-24 months. To all my loyal fans out there reading this – thank you for all your support over the years and God bless! Thank you Rich Gaspari and all the fine people at Gaspari Nutrition for dealing with me fairly and honestly when so many others in this industry have elected not to be fair or honest. And remember – Gaspari Nutrition absolutely, without any doubt, makes THE products THAT work BEST! Peace out!